

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2024													
Connecticut	3.7	3.9	3.3	2.7	3.2	3.0	3.8	3.5	3.0	3.2	3.2	3.0	3.3
Maine	3.4	3.6	3.3	2.9	2.8	2.6	2.8	2.7	2.6	2.8	3.3	3.3	3.0
Massachusetts	4.1	4.3	4.0	3.4	3.9	4.1	4.5	4.3	3.7	3.8	3.8	3.9	4.0
New Hampshire	2.6	2.8	2.6	2.2	2.1	2.5	2.8	2.8	2.4	2.5	2.8	2.7	2.6
Rhode Island	4.5	5.0	4.1	3.6	4.0	4.1	4.6	4.9	3.8	4.0	4.3	4.1	4.2
Vermont	2.5	2.5	2.2	2.3	2.0	2.3	2.3	2.4	2.3	1.9	2.4	2.4	2.3
New England	3.8	4.0	3.6	3.1	3.4	3.5	3.9	3.8	3.3	3.4	3.5	3.5	3.6
United States	4.1	4.2	3.9	3.5	3.7	4.3	4.5	4.4	3.9	3.9	4.0	3.8	4.0
2023													
Connecticut	3.8	4.0	3.4	2.6	3.2	3.0	3.4	3.3	2.9	3.1	2.9	2.8	3.2
Maine	3.1	3.4	3.1	2.5	2.6	2.3	2.3	2.3	2.2	2.4	2.7	2.9	2.6
Massachusetts	4.0	4.0	3.7	2.8	3.3	3.6	3.6	3.6	3.2	3.3	3.2	3.6	3.5
New Hampshire	2.8	2.8	2.5	1.9	2.0	2.2	2.2	2.4	2.2	2.1	2.1	2.1	2.3
Rhode Island	3.5	3.8	3.0	2.3	2.5	2.5	2.6	3.2	2.6	3.0	3.3	3.4	3.0
Vermont	2.6	2.5	2.1	1.8	1.6	1.9	1.7	2.0	1.9	1.5	1.8	2.0	1.9
New England	3.7	3.8	3.3	2.6	3.0	3.0	3.2	3.2	2.9	3.0	3.0	3.1	3.1
United States	3.9	3.9	3.6	3.1	3.4	3.8	3.8	3.9	3.6	3.6	3.5	3.5	3.6
2022													
Connecticut	5.4	5.2	4.5	3.9	4.2	4.0	4.3	3.9	3.4	3.5	3.2	2.9	4.0
Maine	4.4	4.1	3.6	3.0	2.8	2.4	2.2	2.1	2.1	2.3	2.6	2.5	2.8
Massachusetts	4.4	4.2	3.8	3.3	3.5	3.8	3.9	3.9	3.3	3.4	3.2	3.3	3.7
New Hampshire	2.9	2.7	2.5	2.2	2.1	2.3	2.4	2.7	2.4	2.4	2.4	2.2	2.4
Rhode Island	4.3	4.2	3.3	2.8	3.0	3.1	3.3	3.9	2.9	2.8	2.9	2.3	3.2
Vermont	3.0	2.7	2.4	2.5	2.1	2.5	2.2	2.3	2.2	1.8	2.2	2.1	2.3
New England	4.4	4.2	3.7	3.2	3.4	3.5	3.6	3.6	3.1	3.1	3.0	2.9	3.5
United States	4.4	4.1	3.8	3.3	3.4	3.8	3.8	3.8	3.3	3.4	3.4	3.3	3.6

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2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2021													
Connecticut	7.9	7.9	7.4	6.9	7.0	6.9	7.0	6.4	5.6	5.3	4.7	4.4	6.4
Maine	5.5	5.7	5.6	5.3	5.0	4.8	4.5	4.2	3.8	3.8	3.9	3.7	4.7
Massachusetts	7.2	6.9	6.3	5.6	5.4	5.9	5.6	5.1	4.4	4.1	3.7	3.6	5.3
New Hampshire	4.7	4.6	4.4	3.9	3.5	3.8	3.6	3.3	2.9	2.5	2.3	2.1	3.5
Rhode Island	7.6	7.4	6.2	5.6	5.9	6.4	6.0	6.0	4.6	4.0	3.8	3.2	5.6
Vermont	4.7	4.8	4.6	4.5	3.5	3.8	3.3	3.1	2.7	2.2	2.4	2.3	3.5
New England	6.9	6.7	6.2	5.7	5.5	5.8	5.5	5.1	4.4	4.2	3.8	3.6	5.3
United States	6.8	6.6	6.2	5.7	5.5	6.1	5.7	5.3	4.6	4.3	3.9	3.7	5.3
2020													
Connecticut	4.3	4.2	4.7	7.8	12.1	11.4	12.1	9.4	8.5	7.4	7.0	6.9	8.0
Maine	3.7	3.8	4.3	9.2	9.7	6.4	6.7	3.6	3.0	3.0	3.4	4.0	5.1
Massachusetts	3.5	3.4	3.8	17.2	14.5	14.7	12.8	10.2	9.5	7.9	7.3	7.2	9.3
New Hampshire	3.0	2.9	3.2	15.8	11.9	9.5	8.4	6.5	6.0	4.8	4.6	4.4	6.7
Rhode Island	4.1	4.1	4.7	17.5	15.9	12.8	12.1	10.7	9.5	6.2	6.5	6.9	9.2
Vermont	2.5	2.3	2.7	14.0	10.4	8.0	6.7	5.1	4.7	3.3	3.6	4.2	5.6
New England	3.7	3.6	4.0	14.0	13.2	12.3	11.4	8.9	8.2	6.8	6.4	6.5	8.2
United States	4.0	3.8	4.5	14.4	13.0	11.2	10.5	8.5	7.7	6.6	6.4	6.5	8.1
2019													
Connecticut	4.4	4.1	3.9	3.1	3.5	3.5	3.9	3.7	3.3	3.3	3.1	3.1	3.6
Maine	3.9	3.6	3.5	3.0	2.8	2.5	2.5	2.4	2.4	2.5	2.8	2.8	2.9
Massachusetts	3.9	3.6	3.4	2.7	2.9	3.2	3.3	3.1	2.7	2.6	2.5	2.7	3.0
New Hampshire	3.2	3.0	3.0	2.5	2.4	2.5	2.6	2.6	2.3	2.2	2.2	2.2	2.6
Rhode Island	4.7	4.4	3.9	3.1	3.4	3.3	3.6	3.9	3.0	2.8	3.1	3.0	3.5
Vermont	2.9	2.5	2.4	2.3	1.8	2.1	2.0	2.1	1.9	1.5	1.9	1.9	2.1
New England	4.0	3.7	3.4	2.8	3.0	3.1	3.3	3.1	2.8	2.7	2.7	2.8	3.1
United States	4.4	4.1	3.9	3.3	3.4	3.8	4.0	3.8	3.3	3.3	3.3	3.4	3.7

Source: US Bureau of Labor Statistics

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2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2018													
Connecticut	4.8	4.8	4.3	3.8	3.8	4.0	4.2	3.9	3.4	3.4	3.0	3.2	3.9
Maine	3.7	3.7	3.5	3.3	3.1	3.1	3.1	2.8	2.8	2.9	3.0	3.2	3.2
Massachusetts	4.2	4.2	3.8	3.2	3.3	3.8	3.8	3.4	3.1	3.0	2.7	3.1	3.5
New Hampshire	3.2	3.2	3.1	2.8	2.5	2.7	2.7	2.5	2.2	2.1	2.2	2.3	2.6
Rhode Island	5.2	5.3	4.6	3.8	3.7	3.8	4.0	4.2	3.4	3.2	3.6	3.6	4.0
Vermont	3.3	3.1	3.0	2.9	2.4	2.7	2.4	2.3	2.2	1.6	2.0	2.2	2.5
New England	4.3	4.2	3.9	3.3	3.3	3.6	3.6	3.4	3.0	2.9	2.8	3.0	3.5
United States	4.5	4.4	4.1	3.7	3.6	4.2	4.1	3.9	3.6	3.5	3.5	3.7	3.9
2017													
Connecticut	5.2	5.2	4.7	4.3	4.4	4.4	4.7	4.5	4.0	4.0	3.8	3.7	4.4
Maine	4.3	4.2	3.9	3.6	3.5	3.2	3.2	2.9	2.9	2.9	3.2	3.0	3.4
Massachusetts	4.5	4.4	4.0	3.5	3.8	4.0	4.2	3.9	3.6	3.4	3.3	3.5	3.8
New Hampshire	3.4	3.5	3.2	2.8	2.7	2.7	2.7	2.8	2.6	2.4	2.5	2.4	2.8
Rhode Island	5.5	5.4	4.7	4.1	4.1	4.2	4.6	4.7	4.0	4.0	4.4	4.1	4.5
Vermont	3.6	3.5	3.3	3.2	2.8	2.9	2.8	2.9	2.7	2.2	2.6	2.6	2.9
New England	4.6	4.5	4.1	3.6	3.8	3.9	4.0	3.9	3.5	3.4	3.4	3.4	3.8
United States	5.1	4.9	4.6	4.1	4.1	4.5	4.6	4.5	4.1	3.9	3.9	3.9	4.4
2016													
Connecticut	5.7	5.7	5.4	4.8	4.8	5.0	5.1	4.9	4.5	4.4	3.9	4.0	4.9
Maine	4.8	4.7	4.7	4.0	3.7	3.6	3.4	3.2	3.3	3.3	3.5	3.5	3.8
Massachusetts	4.8	4.7	4.5	3.8	3.9	4.2	4.2	3.9	3.7	3.5	3.3	3.6	4.0
New Hampshire	3.3	3.2	3.2	2.9	2.7	2.9	2.9	2.9	2.6	2.5	2.6	2.7	2.9
Rhode Island	6.3	6.3	5.8	5.0	5.1	5.1	5.4	5.6	4.8	4.5	4.5	4.4	5.2
Vermont	3.7	3.5	3.4	3.3	2.9	3.2	3.1	3.0	3.0	2.4	2.7	2.9	3.1
New England	4.9	4.9	4.6	4.0	4.0	4.2	4.3	4.1	3.8	3.6	3.4	3.6	4.1
United States	5.3	5.2	5.1	4.7	4.5	5.1	5.1	5.0	4.8	4.7	4.4	4.5	4.9

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2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2015													
Connecticut	6.5	6.4	6.0	5.4	5.7	5.6	5.9	5.6	5.2	5.2	5.0	4.9	5.6
Maine	5.9	5.7	5.3	4.7	4.6	4.1	3.9	3.5	3.5	3.6	4.0	4.1	4.4
Massachusetts	5.7	5.5	5.1	4.5	4.9	5.0	5.1	4.6	4.4	4.3	4.1	4.2	4.8
New Hampshire	4.4	4.2	4.0	3.5	3.5	3.4	3.4	3.1	2.9	2.9	2.9	2.7	3.4
Rhode Island	7.4	7.2	6.7	5.7	6.1	5.8	6.1	6.1	5.2	5.3	5.6	5.3	6.0
Vermont	4.2	4.0	3.7	3.6	3.5	3.5	3.4	3.3	3.3	2.8	3.2	3.1	3.5
New England	5.9	5.7	5.3	4.7	5.0	4.9	5.0	4.7	4.4	4.3	4.3	4.3	4.9
United States	6.1	5.8	5.6	5.1	5.3	5.5	5.6	5.2	4.9	4.8	4.8	4.8	5.3
2014													
Connecticut	7.6	7.7	7.4	6.3	6.6	6.5	7.1	6.8	6.2	6.0	5.8	5.4	6.6
Maine	7.0	7.1	6.8	5.9	5.6	5.1	5.2	4.9	4.7	4.7	5.1	5.0	5.6
Massachusetts	6.7	6.6	6.3	5.4	5.7	5.9	6.2	5.8	5.4	5.1	4.9	4.9	5.7
New Hampshire	5.1	5.1	5.0	4.3	4.3	4.2	4.4	4.3	3.9	3.6	3.8	3.6	4.3
Rhode Island	9.7	9.5	9.0	7.6	7.8	7.3	7.9	7.9	7.0	6.5	6.7	6.2	7.8
Vermont	4.5	4.4	4.3	4.0	3.7	3.8	4.0	3.9	3.8	3.2	3.6	3.6	3.9
New England	6.9	6.9	6.6	5.6	5.9	5.8	6.2	5.9	5.5	5.2	5.1	4.9	5.9
United States	7.0	7.0	6.8	5.9	6.1	6.3	6.5	6.3	5.7	5.5	5.5	5.4	6.2
2013													
Connecticut	9.0	8.8	8.3	7.7	8.1	8.2	8.4	8.0	7.6	7.6	7.0	6.7	7.9
Maine	8.3	8.1	7.6	7.1	6.8	6.5	6.2	5.8	5.8	5.9	6.2	6.1	6.7
Massachusetts	7.5	7.2	6.8	6.3	6.7	7.1	7.1	6.6	6.5	6.3	5.9	6.0	6.7
New Hampshire	6.3	5.9	5.7	5.2	5.1	5.2	5.2	5.1	5.0	5.0	4.8	4.6	5.2
Rhode Island	10.7	10.2	9.7	9.0	9.4	9.3	9.7	9.8	9.2	9.1	9.0	8.7	9.5
Vermont	5.3	4.9	4.7	4.6	4.4	4.7	4.4	4.2	4.3	3.7	4.0	3.9	4.4
New England	8.0	7.7	7.3	6.7	6.9	7.2	7.2	6.9	6.6	6.5	6.2	6.1	6.9
United States	8.5	8.1	7.6	7.1	7.3	7.8	7.7	7.3	7.0	7.0	6.6	6.5	7.4

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2012													
Connecticut	8.9	8.9	8.5	7.9	8.3	8.5	9.0	8.8	8.1	8.1	7.8	7.8	8.4
Maine	8.3	8.4	8.1	7.3	7.2	7.0	7.0	6.5	6.3	6.5	6.8	7.2	7.2
Massachusetts	7.3	7.2	6.8	6.2	6.5	6.9	7.2	6.8	6.4	6.3	6.1	6.5	6.7
New Hampshire	5.8	5.8	5.6	5.1	5.2	5.6	5.8	5.7	5.3	5.2	5.2	5.4	5.5
Rhode Island	11.8	11.7	11.0	10.0	10.2	10.1	10.7	10.5	9.5	9.4	9.4	9.3	10.3
Vermont	5.5	5.3	5.0	4.9	4.7	5.0	4.9	4.8	4.5	4.1	4.3	4.5	4.8
New England	7.9	7.8	7.5	6.8	7.1	7.3	7.6	7.3	6.9	6.8	6.7	6.9	7.2
United States	8.8	8.7	8.4	7.7	7.9	8.4	8.6	8.2	7.6	7.5	7.4	7.6	8.1
2011													
Connecticut	10.1	10.0	9.5	8.8	9.1	9.2	9.3	9.1	8.7	8.5	8.0	7.9	9.0
Maine	9.1	9.1	8.8	8.1	7.9	7.5	7.3	6.9	7.0	6.9	7.1	7.4	7.8
Massachusetts	8.3	8.1	7.6	6.9	7.1	7.5	7.5	7.1	7.0	6.6	6.4	6.6	7.2
New Hampshire	6.2	6.0	5.7	5.3	5.3	5.6	5.6	5.5	5.4	5.1	5.0	5.1	5.5
Rhode Island	12.2	12.0	11.5	10.6	10.8	10.7	11.3	11.2	10.8	10.7	10.7	10.7	11.1
Vermont	6.5	6.2	6.0	5.8	5.3	5.4	5.3	5.1	5.2	4.6	4.8	4.8	5.4
New England	8.8	8.6	8.2	7.6	7.7	7.9	7.9	7.6	7.5	7.2	7.0	7.1	7.8
United States	9.8	9.5	9.2	8.7	8.7	9.3	9.3	9.1	8.8	8.5	8.2	8.3	8.9
2010													
Connecticut	10.1	10.2	9.9	9.3	9.4	9.3	9.7	9.6	9.2	9.2	9.3	9.1	9.5
Maine	9.8	9.9	9.6	8.8	8.3	7.9	7.9	7.4	7.3	7.4	8.2	8.2	8.4
Massachusetts	9.4	9.1	8.8	8.0	8.0	8.1	8.2	7.8	7.7	7.3	7.5	7.5	8.1
New Hampshire	7.3	7.1	6.8	6.1	5.8	5.8	5.9	5.8	5.5	5.4	5.7	5.5	6.1
Rhode Island	12.9	12.8	12.4	11.6	11.4	11.1	11.6	11.6	10.9	10.9	11.4	11.1	11.6
Vermont	7.3	7.1	7.0	6.7	6.1	6.2	6.0	5.8	5.7	5.2	5.9	5.8	6.2
New England	9.6	9.4	9.1	8.4	8.3	8.3	8.5	8.2	8.0	7.8	8.0	7.9	8.5
United States	10.6	10.4	10.2	9.5	9.3	9.6	9.7	9.5	9.2	9.0	9.3	9.1	9.6

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2009													
Connecticut	7.7	8.1	8.0	7.6	8.0	8.2	8.6	8.6	8.5	8.5	8.4	8.7	8.3
Maine	8.6	9.1	9.3	8.5	8.5	8.3	8.0	7.5	7.7	7.7	8.2	8.6	8.3
Massachusetts	7.9	8.1	8.1	7.5	8.0	8.4	8.6	8.3	8.4	8.2	8.0	8.4	8.1
New Hampshire	5.5	5.9	6.0	5.7	5.8	6.1	6.2	6.3	6.4	6.2	6.2	6.4	6.1
Rhode Island	11.1	11.4	11.3	10.9	11.1	11.1	11.4	11.4	11.0	11.0	11.1	11.4	11.2
Vermont	6.6	6.9	7.1	6.9	6.7	6.8	6.4	6.2	6.3	5.8	6.2	6.4	6.5
New England	7.8	8.2	8.2	7.7	8.0	8.3	8.4	8.2	8.3	8.1	8.1	8.4	8.1
United States	8.5	8.9	9.0	8.6	9.1	9.7	9.7	9.6	9.5	9.5	9.4	9.7	9.3
2008													
Connecticut	5.5	5.4	5.3	4.6	5.4	5.5	6.0	6.0	5.7	5.8	5.9	6.3	5.6
Maine	5.6	5.5	5.5	4.9	5.1	4.9	5.0	4.8	4.9	5.2	6.1	6.8	5.4
Massachusetts	5.2	5.0	4.9	4.2	4.9	5.3	5.5	5.4	5.5	5.5	5.7	6.4	5.3
New Hampshire	3.9	3.9	3.9	3.4	3.5	3.6	3.7	3.8	3.7	3.6	3.9	4.2	3.8
Rhode Island	7.2	7.0	6.9	6.2	7.1	7.2	7.9	8.4	7.9	8.1	8.4	9.2	7.6
Vermont	4.7	4.4	4.5	4.3	4.2	4.3	4.2	4.3	4.4	4.0	4.7	5.3	4.5
New England	5.3	5.2	5.1	4.5	5.0	5.2	5.5	5.5	5.4	5.5	5.8	6.4	5.4
United States	5.4	5.2	5.2	4.8	5.2	5.7	6.0	6.1	6.0	6.1	6.5	7.1	5.8
2007													
Connecticut	5.0	5.0	4.5	4.1	4.4	4.5	4.8	4.5	4.4	4.3	4.4	4.5	4.5
Maine	5.4	5.5	5.1	4.9	4.7	4.4	4.5	4.0	4.2	4.2	4.6	4.8	4.7
Massachusetts	5.4	5.1	4.7	4.2	4.4	4.6	4.8	4.3	4.3	4.0	4.0	4.4	4.5
New Hampshire	4.3	4.2	4.0	3.7	3.4	3.6	3.5	3.3	3.1	2.9	3.1	3.2	3.5
Rhode Island	5.7	5.4	4.9	4.7	4.7	4.7	5.4	5.3	4.8	4.9	5.2	5.7	5.1
Vermont	4.6	4.3	4.1	4.2	3.7	3.8	3.8	3.5	3.7	3.3	3.7	3.8	3.9
New England	5.2	5.0	4.6	4.2	4.3	4.4	4.6	4.3	4.2	4.0	4.1	4.4	4.4
United States	5.0	4.9	4.5	4.3	4.3	4.7	4.9	4.6	4.5	4.4	4.5	4.8	4.6

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Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2006													
Connecticut	5.0	5.1	4.6	4.1	4.3	4.4	4.8	4.5	4.2	3.9	4.1	3.9	4.4
Maine	5.3	5.5	5.2	4.8	4.6	4.5	4.6	4.2	4.2	4.2	4.8	4.6	4.7
Massachusetts	5.3	5.3	5.0	4.5	4.6	4.8	5.0	4.6	4.6	4.1	4.3	4.4	4.7
New Hampshire	3.8	4.0	3.8	3.4	3.2	3.4	3.6	3.5	3.3	3.1	3.5	3.4	3.5
Rhode Island	6.1	6.2	5.8	5.3	5.2	5.2	5.6	5.4	4.6	4.4	4.7	4.6	5.2
Vermont	4.1	4.1	3.9	3.9	3.4	3.7	3.6	3.6	3.6	3.1	3.7	3.6	3.7
New England	5.1	5.1	4.8	4.4	4.4	4.5	4.7	4.4	4.3	4.0	4.2	4.2	4.5
United States	5.1	5.1	4.8	4.5	4.4	4.8	5.0	4.6	4.4	4.1	4.3	4.3	4.6
2005													
Connecticut	5.5	5.6	5.2	4.7	4.9	5.0	5.1	4.7	4.6	4.4	4.5	4.1	4.9
Maine	5.5	5.8	5.6	5.2	5.0	4.6	4.6	4.2	4.5	4.4	4.9	4.7	4.9
Massachusetts	5.5	5.5	5.1	4.5	4.7	4.9	4.9	4.5	4.7	4.3	4.5	4.5	4.8
New Hampshire	4.1	4.3	4.0	3.6	3.5	3.6	3.6	3.5	3.6	3.3	3.5	3.2	3.6
Rhode Island	5.7	5.7	5.5	4.7	4.7	5.0	5.4	5.3	5.1	4.8	4.9	5.0	5.1
Vermont	4.1	4.0	3.8	3.7	3.2	3.5	3.3	3.1	3.3	3.0	3.4	3.4	3.5
New England	5.3	5.4	5.0	4.5	4.6	4.7	4.8	4.4	4.5	4.2	4.4	4.3	4.7
United States	5.7	5.8	5.4	4.9	4.9	5.2	5.2	4.9	4.8	4.6	4.8	4.6	5.1
2004													
Connecticut	5.8	5.7	5.6	4.8	5.1	5.2	5.3	5.0	4.6	4.5	4.6	4.3	5.0
Maine	5.6	5.5	5.5	4.8	4.5	4.4	4.3	4.0	4.1	4.2	4.6	4.6	4.7
Massachusetts	6.2	5.8	5.7	4.9	5.1	5.4	5.3	4.8	4.7	4.5	4.5	4.5	5.1
New Hampshire	4.6	4.5	4.5	4.0	3.8	3.9	3.8	3.6	3.3	3.1	3.3	3.3	3.8
Rhode Island	6.6	6.2	6.3	5.6	5.4	5.4	5.6	5.1	4.3	4.1	4.3	4.4	5.3
Vermont	4.7	4.3	4.3	4.0	3.6	3.7	3.4	3.2	3.2	2.8	3.3	3.3	3.6
New England	5.8	5.6	5.5	4.8	4.9	5.0	5.0	4.6	4.4	4.2	4.3	4.3	4.9
United States	6.3	6.0	6.0	5.4	5.3	5.8	5.7	5.4	5.1	5.1	5.2	5.1	5.5

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	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2003													
Connecticut	5.8	5.9	5.7	5.3	5.4	5.8	5.8	5.6	5.3	5.1	5.1	4.7	5.4
Maine	5.7	5.9	5.8	5.5	5.1	5.1	4.9	4.5	4.6	4.6	5.0	4.8	5.1
Massachusetts	6.3	6.1	6.0	5.5	5.7	6.2	6.1	5.7	5.7	5.3	5.3	5.2	5.7
New Hampshire	5.0	4.8	4.7	4.4	4.2	4.6	4.5	4.5	4.3	4.1	4.2	3.9	4.4
Rhode Island	6.6	6.3	6.1	5.4	5.4	5.7	5.7	5.5	4.8	4.8	5.0	5.0	5.5
Vermont	5.1	4.9	4.8	4.8	4.2	4.5	4.2	4.0	4.2	3.6	4.0	3.8	4.3
New England	6.0	5.9	5.7	5.3	5.3	5.7	5.6	5.3	5.2	4.9	5.0	4.8	5.4
United States	6.5	6.4	6.2	5.8	5.8	6.5	6.3	6.0	5.8	5.6	5.6	5.4	6.0
2002													
Connecticut	4.2	4.2	4.0	3.9	4.0	4.4	4.7	4.6	4.4	4.4	4.7	4.7	4.4
Maine	5.0	4.8	5.0	4.7	4.2	4.2	4.1	3.8	3.8	4.0	4.7	4.8	4.4
Massachusetts	5.6	5.4	5.4	5.0	5.0	5.4	5.5	5.2	5.2	5.0	5.1	5.3	5.2
New Hampshire	4.6	4.6	4.7	4.5	4.3	4.6	4.5	4.6	4.3	4.3	4.5	4.4	4.5
Rhode Island	5.9	5.3	5.1	4.7	4.6	4.5	5.0	5.3	4.9	5.0	5.1	5.2	5.1
Vermont	4.3	4.1	4.2	4.2	3.7	3.9	3.8	3.8	3.7	3.4	4.1	4.1	3.9
New England	5.1	4.9	4.9	4.6	4.5	4.9	5.0	4.8	4.7	4.6	4.9	5.0	4.8
United States	6.3	6.1	6.1	5.7	5.5	6.0	5.9	5.7	5.4	5.3	5.6	5.7	5.8
2001													
Connecticut	2.9	3.0	2.9	2.5	2.7	3.0	3.3	3.2	2.8	2.9	3.0	2.9	2.9
Maine	3.9	4.1	4.0	4.0	3.7	3.5	3.4	3.3	3.4	3.7	4.0	4.1	3.8
Massachusetts	3.6	3.5	3.6	3.2	3.3	3.8	4.0	3.9	4.0	4.0	4.2	4.4	3.8
New Hampshire	3.4	3.4	3.6	3.3	2.9	3.3	3.4	3.7	3.4	3.4	3.7	3.6	3.4
Rhode Island	5.2	5.0	5.1	4.3	4.3	4.5	4.7	4.5	3.9	4.1	4.2	4.3	4.5
Vermont	3.6	3.4	3.6	3.6	3.0	3.2	3.0	3.0	3.0	2.7	3.3	3.3	3.2
New England	3.6	3.5	3.6	3.2	3.2	3.6	3.7	3.7	3.6	3.6	3.8	3.9	3.6
United States	4.7	4.6	4.5	4.2	4.1	4.7	4.7	4.9	4.7	5.0	5.3	5.4	4.7

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
2000													
Connecticut	2.8	2.9	2.4	1.9	2.1	2.2	2.4	2.1	1.8	1.6	1.7	1.6	2.1
Maine	4.4	4.4	4.1	3.5	3.3	3.0	2.9	2.6	2.7	2.7	3.2	3.0	3.3
Massachusetts	3.7	3.5	3.3	2.5	2.7	2.9	3.0	2.6	2.5	2.2	2.3	2.4	2.8
New Hampshire	3.3	3.3	3.1	2.7	2.6	2.7	2.7	2.6	2.2	2.1	2.2	2.4	2.7
Rhode Island	5.3	5.1	4.5	3.7	3.9	3.8	4.2	4.3	3.5	3.3	3.4	3.4	4.0
Vermont	3.5	3.2	3.0	2.9	2.6	2.8	2.7	2.6	2.5	2.1	2.6	2.5	2.8
New England	3.7	3.5	3.2	2.6	2.7	2.8	2.9	2.6	2.4	2.2	2.3	2.3	2.8
United States	4.5	4.4	4.3	3.7	3.8	4.1	4.2	4.1	3.8	3.6	3.7	3.7	4.0
1999													
Connecticut	3.2	3.2	2.8	2.5	2.5	2.7	2.7	2.3	2.2	2.1	2.1	1.8	2.5
Maine	4.8	4.9	4.6	4.2	4.0	3.9	3.6	3.2	3.4	3.5	3.8	3.8	4.0
Massachusetts	3.9	3.8	3.6	3.2	3.1	3.5	3.6	3.1	3.2	2.9	2.8	2.8	3.3
New Hampshire	3.4	3.4	3.2	2.8	2.5	2.6	2.6	2.4	2.3	2.4	2.6	2.5	2.7
Rhode Island	5.4	4.8	4.1	3.7	3.8	4.0	4.4	4.3	4.1	4.1	3.9	3.8	4.2
Vermont	3.8	3.7	3.5	3.4	2.9	3.1	3.0	2.7	2.8	2.4	2.7	2.6	3.1
New England	3.9	3.8	3.5	3.1	3.0	3.3	3.3	2.9	3.0	2.8	2.8	2.7	3.2
United States	4.8	4.7	4.4	4.1	4.0	4.5	4.5	4.2	4.1	3.8	3.8	3.7	4.2
1998													
Connecticut	4.4	4.3	4.0	3.1	3.3	3.4	3.4	3.0	2.8	2.6	2.5	2.1	3.2
Maine	6.2	5.7	5.6	4.5	4.2	4.1	4.2	3.7	3.8	4.0	4.1	3.9	4.5
Massachusetts	4.3	4.0	4.0	3.0	3.2	3.6	3.5	3.1	3.3	2.9	2.8	2.9	3.4
New Hampshire	3.5	3.5	3.5	2.8	2.7	2.7	2.6	2.5	2.6	2.5	2.7	2.5	2.8
Rhode Island	6.1	5.8	5.6	4.4	4.3	4.2	4.4	4.4	4.3	4.3	3.8	3.5	4.6
Vermont	4.3	4.0	4.1	3.6	3.4	3.5	3.2	3.1	3.1	2.7	3.0	2.9	3.4
New England	4.5	4.3	4.2	3.3	3.3	3.5	3.5	3.2	3.2	3.0	2.9	2.8	3.5
United States	5.2	5.0	5.0	4.1	4.2	4.7	4.7	4.5	4.4	4.2	4.1	4.0	4.5

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1997													
Connecticut	6.0	5.8	5.4	4.9	4.9	5.0	4.9	4.5	4.2	3.8	3.7	3.4	4.7
Maine	6.5	6.5	6.3	5.9	5.2	4.9	4.6	4.2	4.3	4.3	4.7	5.0	5.2
Massachusetts	5.1	4.8	4.7	3.9	4.0	4.3	4.2	3.9	3.9	3.4	3.3	3.3	4.1
New Hampshire	4.2	4.2	4.1	3.5	3.3	3.4	3.3	3.1	3.0	2.7	2.8	2.7	3.4
Rhode Island	6.7	6.3	6.1	5.3	5.3	5.3	5.3	5.1	4.9	4.7	4.5	4.5	5.3
Vermont	5.0	4.7	4.6	4.4	3.9	3.9	3.6	3.5	3.5	3.0	3.4	3.5	3.9
New England	5.5	5.2	5.0	4.4	4.3	4.5	4.4	4.0	4.0	3.6	3.6	3.5	4.3
United States	5.9	5.7	5.5	4.8	4.7	5.2	5.0	4.8	4.7	4.4	4.3	4.4	4.9
1996													
Connecticut	6.0	5.8	5.5	5.1	5.3	5.2	5.5	5.0	4.9	4.8	5.0	4.8	5.2
Maine	6.7	6.6	6.4	5.9	5.5	4.9	4.9	4.2	4.3	4.4	5.0	5.1	5.3
Massachusetts	5.9	5.4	5.2	4.6	4.6	4.6	4.8	4.1	4.3	3.9	4.0	4.0	4.6
New Hampshire	4.4	4.3	4.2	3.8	3.8	3.7	3.8	3.5	3.6	3.4	3.5	3.3	3.8
Rhode Island	7.0	6.4	5.8	4.9	4.7	4.6	5.0	4.8	4.7	4.6	4.9	4.9	5.2
Vermont	5.1	4.7	4.7	4.6	4.2	4.0	4.0	3.7	3.9	3.5	4.1	4.0	4.2
New England	5.9	5.5	5.3	4.8	4.8	4.7	4.9	4.3	4.4	4.2	4.4	4.3	4.8
United States	6.3	6.0	5.8	5.4	5.4	5.5	5.6	5.1	5.0	4.9	5.0	5.0	5.4
1995													
Connecticut	6.1	5.9	5.5	5.3	5.3	5.5	5.7	5.3	5.0	4.7	4.8	4.6	5.3
Maine	7.4	7.0	6.8	6.6	5.9	5.6	5.5	5.0	5.0	4.9	5.5	5.5	5.9
Massachusetts	6.6	6.1	5.9	5.6	5.4	5.7	5.7	5.3	5.3	4.7	4.7	4.7	5.5
New Hampshire	4.8	4.5	4.4	4.1	3.6	3.7	3.8	3.7	3.5	3.2	3.3	3.3	3.8
Rhode Island	7.7	7.2	6.9	6.4	6.3	6.3	6.7	6.3	6.0	5.6	5.3	5.2	6.3
Vermont	5.0	4.7	4.5	4.6	4.1	4.1	4.1	3.9	3.9	3.5	4.0	3.8	4.2
New England	6.4	6.0	5.8	5.5	5.3	5.4	5.5	5.1	5.0	4.6	4.7	4.6	5.3
United States	6.2	5.9	5.7	5.6	5.5	5.8	5.9	5.6	5.4	5.2	5.3	5.2	5.6

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1994													
Connecticut	6.5	6.4	6.0	5.5	5.4	5.7	5.8	5.6	5.2	5.0	5.1	4.8	5.6
Maine	8.0	8.2	7.9	7.2	6.6	6.3	6.2	5.7	5.5	5.7	6.0	5.9	6.6
Massachusetts	7.5	7.2	7.0	6.3	6.0	6.3	6.4	6.0	6.0	5.5	5.5	5.3	6.2
New Hampshire	5.8	5.7	5.3	4.8	4.3	4.4	4.4	4.2	3.9	3.8	3.9	3.8	4.5
Rhode Island	8.8	8.1	7.7	6.5	6.1	6.2	6.6	6.5	6.2	6.1	5.8	5.5	6.7
Vermont	5.6	5.3	5.1	4.9	4.3	4.3	4.1	4.1	4.1	3.6	4.0	3.8	4.4
New England	7.2	6.9	6.6	6.0	5.7	5.9	5.9	5.7	5.5	5.2	5.2	5.0	5.9
United States	7.3	7.1	6.8	6.2	5.9	6.2	6.2	5.9	5.6	5.4	5.3	5.1	6.1
1993													
Connecticut	7.8	7.7	7.1	6.8	6.6	6.7	6.6	6.2	5.8	5.6	5.5	5.2	6.5
Maine	8.1	8.1	7.8	7.3	6.9	6.6	6.1	5.7	5.9	6.0	6.6	6.6	6.8
Massachusetts	9.0	8.7	8.3	7.4	7.2	7.4	7.3	6.7	6.8	6.4	6.2	6.1	7.3
New Hampshire	8.0	7.9	7.4	6.6	6.0	6.0	5.8	5.6	5.3	5.2	5.0	4.8	6.1
Rhode Island	9.6	9.2	8.7	8.0	7.5	7.4	7.1	6.9	6.9	7.1	6.8	6.7	7.7
Vermont	6.5	6.2	5.9	5.5	5.0	4.9	4.7	4.4	4.4	4.1	4.5	4.3	5.0
New England	8.5	8.2	7.8	7.1	6.8	6.9	6.7	6.3	6.2	6.0	5.9	5.8	6.9
United States	8.0	7.8	7.4	6.9	6.8	7.2	7.0	6.6	6.4	6.4	6.2	6.1	6.9
1992													
Connecticut	7.9	8.1	7.5	7.1	7.2	7.6	7.6	7.2	7.1	6.7	6.9	6.8	7.3
Maine	9.2	9.4	9.0	7.9	7.4	7.0	6.4	6.0	6.0	6.1	7.0	7.1	7.4
Massachusetts	9.9	9.7	9.4	8.6	8.7	9.2	8.9	8.5	8.7	7.9	8.1	8.0	8.8
New Hampshire	7.8	7.9	7.6	7.1	7.0	7.3	7.1	7.2	7.2	6.9	7.2	7.1	7.3
Rhode Island	10.2	10.2	9.8	8.9	8.9	9.2	9.0	8.8	8.7	8.2	8.2	8.0	9.0
Vermont	7.3	7.1	6.8	6.5	6.1	6.1	5.6	5.5	5.5	5.0	5.6	5.3	6.0
New England	9.0	9.0	8.6	7.9	7.9	8.3	8.1	7.7	7.8	7.2	7.5	7.4	8.1
United States	8.1	8.2	7.8	7.2	7.3	8.0	7.7	7.4	7.3	6.9	7.1	7.1	7.5

**New England Labor Force Statistics
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	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1991													
Connecticut	6.3	6.7	6.4	6.0	6.4	6.7	6.8	6.6	6.5	6.4	6.6	6.6	6.5
Maine	8.7	9.8	9.9	9.1	8.4	7.4	6.8	6.2	6.2	6.2	7.0	7.6	7.8
Massachusetts	8.9	9.1	9.2	8.5	8.9	9.2	9.1	8.9	9.0	8.5	8.6	8.8	8.9
New Hampshire	6.9	7.1	7.1	6.5	6.6	6.7	6.6	6.7	6.7	6.5	6.8	6.9	6.8
Rhode Island	8.5	8.8	8.7	7.8	7.9	7.9	8.1	8.2	8.3	8.4	8.3	8.4	8.3
Vermont	7.0	7.2	7.2	7.2	6.8	6.7	6.1	5.6	5.5	5.1	5.8	5.9	6.3
New England	7.9	8.3	8.2	7.6	7.8	8.0	7.9	7.7	7.7	7.4	7.6	7.8	7.8
United States	7.1	7.3	7.2	6.5	6.7	7.0	6.8	6.6	6.5	6.5	6.7	6.9	6.8
1990													
Connecticut	5.0	5.1	4.8	4.7	4.7	4.8	5.1	5.0	4.9	4.8	5.1	5.1	4.9
Maine	5.5	5.7	5.6	5.2	4.8	4.5	4.7	4.4	4.7	5.2	6.6	7.0	5.3
Massachusetts	5.9	6.0	6.0	5.8	5.8	6.0	6.4	6.5	6.8	6.6	7.1	7.5	6.4
New Hampshire	5.0	5.2	5.1	5.0	4.9	5.0	5.2	5.3	5.4	5.3	5.9	5.9	5.2
Rhode Island	6.6	6.7	5.9	6.0	5.8	5.8	6.2	6.0	6.1	6.1	6.5	6.6	6.2
Vermont	5.0	5.0	4.9	4.9	4.6	4.4	4.4	4.5	4.7	4.4	5.6	5.7	4.8
New England	5.6	5.7	5.5	5.4	5.3	5.4	5.7	5.7	5.9	5.7	6.3	6.5	5.7
United States	6.0	5.9	5.5	5.3	5.2	5.4	5.6	5.5	5.6	5.5	5.9	6.0	5.6
1989													
Connecticut	3.7	3.6	3.2	3.2	3.3	3.8	3.9	3.7	3.7	3.7	3.9	3.9	3.6
Maine	4.4	4.2	4.1	4.1	4.0	3.9	3.9	3.4	3.5	3.7	4.4	4.4	4.0
Massachusetts	4.3	4.0	4.0	3.7	3.7	4.3	4.3	4.2	4.5	4.2	4.6	4.7	4.2
New Hampshire	3.2	3.0	2.9	2.9	2.9	3.3	3.4	3.6	3.7	3.6	4.0	4.0	3.4
Rhode Island	4.3	4.0	3.8	3.3	3.1	3.2	3.5	3.6	4.1	4.4	4.5	4.9	3.9
Vermont	4.0	3.6	3.5	3.7	3.2	3.4	3.2	3.4	3.5	3.2	3.8	3.7	3.5
New England	4.1	3.8	3.7	3.5	3.5	3.9	4.0	3.9	4.1	4.0	4.3	4.4	3.9
United States	6.0	5.6	5.2	5.1	5.0	5.5	5.3	5.1	5.1	5.0	5.2	5.1	5.3

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1988													
Connecticut	3.5	3.4	2.9	2.6	2.7	3.1	3.2	3.0	2.7	2.6	2.7	2.6	2.9
Maine	4.6	4.5	4.4	3.7	3.7	3.4	3.4	3.1	3.1	3.1	3.6	3.4	3.6
Massachusetts	3.9	3.7	3.6	3.0	3.0	3.4	3.4	3.2	3.3	2.9	3.1	3.1	3.3
New Hampshire	2.9	2.8	2.6	2.2	2.0	2.2	2.5	2.5	2.3	2.1	2.3	2.1	2.4
Rhode Island	4.1	4.1	3.5	2.5	2.2	2.6	2.6	2.9	3.0	3.0	2.7	2.6	3.0
Vermont	4.0	3.7	3.4	3.1	2.7	2.8	2.6	2.7	2.8	2.5	3.1	2.7	3.0
New England	3.8	3.6	3.4	2.8	2.9	3.1	3.2	3.0	3.0	2.7	2.9	2.9	3.1
United States	6.3	6.2	5.9	5.3	5.4	5.5	5.5	5.4	5.2	5.0	5.2	5.0	5.5
1987													
Connecticut	4.1	4.1	3.6	3.2	3.1	3.3	3.3	2.9	2.7	2.7	2.6	2.4	3.2
Maine	5.8	5.8	5.4	4.8	4.4	4.2	3.5	3.4	3.7	3.7	4.0	3.6	4.3
Massachusetts	4.5	4.3	4.2	3.4	3.2	3.4	3.3	3.0	3.1	2.7	2.7	2.7	3.4
New Hampshire	3.0	2.9	2.7	1.8	1.9	2.1	2.2	2.1	2.0	2.0	2.2	2.0	2.2
Rhode Island	5.1	4.9	4.9	4.0	3.5	3.4	3.2	3.2	3.4	3.4	3.0	2.7	3.7
Vermont	5.0	4.6	4.4	4.1	3.6	3.5	3.2	3.1	3.2	2.8	3.2	2.8	3.6
New England	4.5	4.3	4.1	3.4	3.2	3.4	3.2	2.9	3.0	2.8	2.8	2.7	3.3
United States	7.3	7.2	6.9	6.2	6.1	6.3	6.1	5.8	5.7	5.7	5.6	5.4	6.2
1986													
Connecticut	4.3	4.5	4.0	3.7	3.7	4.0	3.9	3.5	3.5	3.3	3.3	3.1	3.7
Maine	6.2	6.4	6.2	5.9	5.4	5.0	4.8	4.4	4.7	4.7	5.2	4.8	5.3
Massachusetts	4.5	4.6	4.5	3.9	3.9	4.3	4.1	3.8	4.0	3.5	3.5	3.4	4.0
New Hampshire	3.6	3.8	3.6	3.0	2.7	2.6	2.4	2.4	2.1	1.7	1.9	1.9	2.6
Rhode Island	4.9	4.9	4.4	3.7	3.5	3.9	3.9	3.7	4.1	4.1	4.0	3.7	4.1
Vermont	5.1	5.1	4.9	4.8	4.2	4.1	3.7	3.7	4.0	3.6	4.2	3.7	4.2
New England	4.6	4.7	4.4	4.0	3.9	4.1	4.0	3.6	3.8	3.4	3.5	3.4	3.9
United States	7.3	7.8	7.5	7.0	7.0	7.3	7.0	6.7	6.8	6.6	6.6	6.3	7.0

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1985													
Connecticut	5.3	5.2	4.7	4.5	4.5	4.9	4.9	4.3	4.1	3.8	3.7	3.6	4.5
Maine	6.8	7.0	6.7	6.3	5.6	5.3	5.1	4.4	4.6	4.8	5.4	5.2	5.6
Massachusetts	5.0	4.7	4.6	4.0	3.9	4.3	4.3	3.9	4.1	3.5	3.6	3.6	4.1
New Hampshire	5.1	4.9	4.8	4.1	3.6	3.7	3.5	3.2	3.0	2.7	2.8	2.8	3.7
Rhode Island	6.3	6.0	5.5	4.8	4.4	4.6	4.5	4.0	4.4	4.2	3.7	3.5	4.7
Vermont	5.7	5.5	5.3	5.2	4.6	4.7	4.3	4.2	4.2	3.8	4.3	4.0	4.6
New England	5.3	5.2	4.9	4.4	4.2	4.5	4.5	4.0	4.1	3.7	3.7	3.7	4.4
United States	8.0	7.8	7.5	7.1	7.0	7.5	7.4	6.9	6.9	6.8	6.7	6.7	7.2
1984													
Connecticut	5.7	5.5	4.9	4.6	4.4	4.6	4.7	4.5	4.3	4.1	4.2	4.2	4.6
Maine	8.1	7.8	7.4	6.8	6.1	5.6	5.7	5.2	5.0	4.9	5.5	5.6	6.1
Massachusetts	6.5	6.0	5.7	5.0	4.5	4.7	4.7	4.5	4.4	3.8	3.7	3.9	4.8
New Hampshire	5.2	5.0	4.8	4.2	3.8	3.8	4.0	4.0	3.9	3.8	4.1	4.1	4.2
Rhode Island	7.9	7.4	6.7	5.8	5.3	5.1	4.9	4.2	4.4	4.5	4.1	4.2	5.4
Vermont	6.6	6.2	6.0	5.7	4.8	4.6	4.1	4.1	4.2	3.7	4.3	4.2	4.9
New England	6.4	6.0	5.6	5.1	4.7	4.7	4.7	4.5	4.4	4.0	4.1	4.2	4.9
United States	8.8	8.4	8.1	7.6	7.2	7.4	7.5	7.3	7.1	7.0	6.9	7.0	7.5
1983													
Connecticut	7.7	7.5	6.8	6.3	6.0	6.4	5.9	5.5	5.3	5.0	4.9	4.8	6.0
Maine	10.1	10.4	9.8	9.1	8.8	8.3	7.7	7.0	6.8	6.9	7.2	7.3	8.3
Massachusetts	8.8	8.5	8.1	7.3	7.0	7.4	6.7	6.5	6.5	5.7	5.5	5.5	6.9
New Hampshire	7.4	7.3	6.8	5.9	5.3	5.6	5.0	4.7	4.7	4.3	4.4	4.3	5.5
Rhode Island	11.3	10.8	10.0	8.8	8.5	8.6	8.0	7.6	7.6	7.2	6.5	6.4	8.4
Vermont	8.5	8.3	7.7	7.4	6.8	6.6	5.6	5.6	5.5	5.0	5.5	5.3	6.5
New England	8.7	8.5	8.0	7.2	6.9	7.1	6.5	6.2	6.1	5.6	5.5	5.4	6.8
United States	11.4	11.3	10.8	10.0	9.8	10.2	9.4	9.2	8.8	8.4	8.1	8.0	9.6

Source: US Bureau of Labor Statistics

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1982													
Connecticut	7.3	7.4	6.9	6.7	6.7	7.1	7.1	6.5	6.5	6.5	6.7	6.7	6.8
Maine	9.2	9.5	9.5	9.0	8.5	8.1	8.4	7.2	7.3	7.8	8.8	8.8	8.5
Massachusetts	8.3	8.2	8.1	7.6	7.5	8.0	8.0	7.6	7.8	7.4	7.6	7.8	7.8
New Hampshire	7.1	7.5	7.3	7.0	6.8	7.0	6.8	6.6	6.5	6.3	6.7	6.6	6.9
Rhode Island	9.9	10.2	10.1	9.7	9.4	9.5	9.6	9.5	9.8	10.1	10.0	10.2	9.8
Vermont	7.5	7.5	7.4	7.8	7.0	7.0	6.7	6.6	6.6	6.3	7.2	7.0	7.0
New England	8.1	8.2	8.0	7.6	7.5	7.8	7.8	7.3	7.4	7.3	7.6	7.6	7.7
United States	9.4	9.6	9.5	9.2	9.1	9.8	9.8	9.6	9.7	9.9	10.4	10.5	9.7
1981													
Connecticut	6.7	6.7	6.0	5.7	5.9	6.4	6.2	6.0	5.9	5.9	6.1	6.2	6.1
Maine	8.8	8.4	8.1	7.1	7.0	7.0	6.1	5.9	6.4	6.7	7.7	7.9	7.3
Massachusetts	6.8	6.6	6.4	5.8	5.9	6.5	6.3	6.3	6.6	6.3	6.6	6.9	6.4
New Hampshire	5.6	5.4	5.3	4.7	4.5	4.6	4.6	4.8	4.9	5.0	5.6	5.8	5.1
Rhode Island	8.3	8.4	8.0	6.9	6.9	7.1	7.1	7.2	7.5	7.7	7.8	8.5	7.6
Vermont	6.7	6.5	6.1	5.8	5.6	5.7	5.1	5.1	5.4	5.1	6.0	5.9	5.7
New England	7.0	6.8	6.5	5.9	6.0	6.4	6.2	6.1	6.3	6.2	6.5	6.8	6.4
United States	8.2	8.0	7.7	7.0	7.1	7.7	7.3	7.2	7.3	7.5	7.9	8.3	7.6
1980													
Connecticut	5.9	5.7	5.2	5.2	5.7	6.2	6.4	6.0	5.7	5.6	5.6	5.4	5.7
Maine	7.9	7.7	7.4	7.9	7.8	7.6	7.5	7.0	7.0	7.0	7.4	7.3	7.5
Massachusetts	6.1	5.8	5.7	5.4	5.7	6.2	6.2	5.9	5.9	5.4	5.4	5.3	5.7
New Hampshire	4.4	4.5	4.4	4.2	4.4	4.8	4.9	4.8	4.7	4.4	4.3	4.2	4.5
Rhode Island	7.7	7.7	7.3	6.7	6.8	7.3	7.3	7.6	7.3	7.2	6.8	6.7	7.2
Vermont	6.2	6.0	5.8	6.1	6.2	6.5	6.4	6.3	6.1	5.7	6.1	5.2	6.1
New England	6.2	6.0	5.7	5.6	5.9	6.3	6.4	6.1	6.0	5.6	5.7	5.5	5.9
United States	6.9	6.8	6.6	6.7	7.1	7.8	7.9	7.6	7.2	7.1	7.1	6.9	7.1

**New England Labor Force Statistics
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1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1979													
Connecticut	5.9	6.0	5.4	5.1	4.8	5.3	5.2	4.9	4.9	4.7	4.7	4.6	5.1
Maine	7.5	8.0	7.8	7.1	6.6	6.2	6.0	5.7	5.9	6.1	6.5	6.5	6.6
Massachusetts	6.6	6.4	6.1	5.4	5.1	5.6	5.3	5.3	5.4	4.8	4.8	4.8	5.5
New Hampshire	4.0	4.1	3.9	3.1	2.6	2.8	2.7	3.0	2.9	2.8	3.0	3.0	3.1
Rhode Island	7.6	7.5	6.8	6.2	5.7	6.0	6.0	5.9	6.1	6.1	5.9	6.2	6.3
Vermont	6.3	6.1	5.6	5.5	4.7	4.7	4.3	4.7	4.8	4.2	5.0	4.6	5.0
New England	6.4	6.3	5.9	5.3	5.0	5.4	5.1	5.1	5.1	4.8	4.9	4.9	5.3
United States	6.4	6.4	6.1	5.5	5.2	6.0	5.9	5.9	5.7	5.6	5.6	5.7	5.8
1978													
Connecticut	6.5	6.3	5.7	5.1	4.9	5.3	5.5	5.2	5.1	4.6	4.8	4.9	5.3
Maine	8.3	8.0	7.6	6.5	6.0	5.7	5.8	5.4	5.6	5.5	6.2	6.5	6.4
Massachusetts	7.6	7.1	6.8	6.0	5.7	6.2	6.3	5.9	6.1	5.2	5.4	5.6	6.2
New Hampshire	5.3	5.1	4.8	4.0	3.6	3.7	3.9	3.5	3.3	2.8	3.0	2.9	3.8
Rhode Island	8.2	8.2	7.4	5.8	5.5	5.9	5.9	5.8	6.1	5.8	5.7	5.8	6.3
Vermont	7.2	6.7	6.3	5.8	5.2	5.4	5.1	5.0	5.1	4.4	5.3	5.0	5.5
New England	7.2	6.9	6.5	5.6	5.4	5.7	5.8	5.4	5.6	4.9	5.1	5.3	5.8
United States	7.1	6.9	6.6	5.8	5.5	6.2	6.3	5.9	5.8	5.4	5.6	5.7	6.1
1977													
Connecticut	8.8	9.0	8.0	7.1	6.6	7.4	7.0	6.8	6.5	6.0	6.0	5.4	7.0
Maine	10.3	10.8	10.3	9.0	7.9	8.3	7.7	7.2	7.1	7.0	7.9	7.2	8.4
Massachusetts	9.6	9.5	9.0	8.0	7.4	8.2	7.6	7.7	7.7	6.7	6.8	6.3	7.9
New Hampshire	7.2	7.4	7.0	6.1	5.4	5.6	5.2	5.3	4.9	4.3	4.4	4.0	5.5
Rhode Island	10.1	10.4	9.5	8.1	7.3	7.7	7.8	7.4	7.7	7.3	7.0	6.6	8.1
Vermont	8.8	8.9	8.2	7.6	6.7	7.0	6.0	6.3	6.6	5.8	6.5	5.7	7.0
New England	9.3	9.4	8.7	7.7	7.0	7.7	7.2	7.1	7.1	6.4	6.5	6.0	7.5
United States	8.3	8.5	7.9	6.9	6.4	7.5	7.0	6.8	6.6	6.4	6.5	6.0	7.1

**New England Labor Force Statistics
Not Seasonally Adjusted
1976 - Present**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann Avg
2026													
Connecticut	5.5	5.8	5.1	5.2	5.0								
Maine	3.9	3.7	3.3	3.3	3.1								
Massachusetts	5.2	5.1	4.6	4.1	4.1								
New Hampshire	3.6	3.4	3.0	3.0	2.6								
Rhode Island	5.4	5.8	4.9	3.3	3.4	3.2							
Vermont	3.2	2.9	2.6	2.8	2.4								
New England	5.0	5.0	4.4	4.1	4.0								
United States	4.7	4.7	4.3	4.0	4.1	4.4							
2025*													
Connecticut	4.1	4.3	3.9	3.3	3.8	3.6	4.3	4.1	4.0	x	4.4	4.1	4.0
Maine	3.9	4.0	3.8	3.4	3.3	2.8	3.0	3.0	3.0	x	3.4	3.3	3.4
Massachusetts	4.6	4.8	4.5	4.0	4.4	4.5	4.7	4.6	4.4	x	4.6	4.6	4.5
New Hampshire	3.4	3.5	3.4	3.0	2.9	3.0	3.2	3.2	3.1	x	3.2	3.1	3.2
Rhode Island	5.1	5.6	4.7	4.0	4.1	4.0	4.4	4.6	3.7	x	4.7	4.5	4.5
Vermont	3.0	3.0	2.8	2.8	2.3	2.6	2.6	2.6	2.5	x	2.7	2.6	2.7
New England	4.3	4.5	4.2	3.7	3.9	3.9	4.2	4.1	3.9	x	4.3	4.1	4.1
United States	4.4	4.5	4.2	3.9	4.0	4.4	4.6	4.5	4.3	x	4.3	4.1	4.3
1976													
Connecticut	10.9	10.8	9.8	9.3	8.8	9.4	9.3	9.0	8.7	8.1	8.2	7.9	9.2
Maine	10.2	10.4	9.7	8.8	7.9	8.0	7.7	7.5	7.7	8.0	9.1	9.0	8.6
Massachusetts	12.0	11.6	11.1	10.1	9.3	9.9	9.7	9.2	9.2	8.4	8.6	8.4	9.8
New Hampshire	7.6	7.6	7.4	6.6	6.0	6.3	6.3	6.2	6.0	5.6	5.9	5.8	6.4
Rhode Island	9.3	9.2	8.5	7.4	6.6	7.5	7.4	7.6	8.0	8.3	8.2	8.3	8.0
Vermont	9.8	9.7	9.2	8.9	7.9	8.3	7.6	7.6	7.7	7.0	7.9	7.2	8.2
New England	11.0	10.8	10.1	9.3	8.6	9.1	8.9	8.6	8.6	8.0	8.3	8.1	9.1
United States	8.8	8.7	8.1	7.4	6.8	8.0	7.8	7.6	7.4	7.2	7.4	7.4	7.7

x=Due to the Federal Government shutdown, there were no estimates produced for October 2025.

*= Annual estimates for 2025 are 11-month averages that exclude October.